

Bury Church of England Primary School

Part of the Diocese of Ely Multi Academy Trust



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May 2021

Dear Parents/Carers,

As part of our Personal, Social and Health Education (PSHE) curriculum, and in line with our Relationship, Health and Sex Education (RSE) policy, class teachers will be delivering a series of lessons after May half term. These will cover a range of topics through the Cambridgeshire Primary Personal Development Programme. We feel that this scheme of work has been carefully designed taking into consideration age-appropriate materials which are well matched to meet the needs of our pupils at Bury CE Primary School. This curriculum incorporates the Relationships Education and Health Education guidance, whilst also supporting the Science National Curriculum. The sessions will be conducted in a safe, trusting and secure environment. Please see below the overview for each lesson:

When?	Title for lesson	Vocabulary
Lesson 1 Week beginning 7.6.21	<u>Body Knowledge:</u> To know scientific names for male and female sexual parts and use them confidently.	Children will use body part names such as penis, vagina/vulva, breast, nipple, anus, scrotum and testicle confidently.
Lesson 2 Week beginning 13.6.21	<u>Body Functions and Changes:</u> To understand times to talk about private body parts, how they change and identify trustworthy and approachable adults.	See lesson 1
Lesson 3 Week beginning 20.6.21	<u>Body Awareness and Image:</u> To value their own body and recognise its uniqueness.	
Lesson 4 Week beginning 27.6.21	<u>Personal Hygiene:</u> To understand the benefits of carrying out regular personal hygiene routines.	Children will understand words such as toiletries, bacteria, infection and hygiene.
Lesson 5 Week beginning 4.7.21	<u>Personal Hygiene:</u> To consider who is responsible for their personal hygiene now, and how this will change the future.	See lesson 4
Lesson 6 Week beginning 11.7.21	<u>Illness/Disease Prevention:</u> To understand a range of ways illness and disease, e.g. colds, chickenpox, head lice, might be spread and how they are able to reduce this.	<i>We may sensitively discuss infections such as gum disease, tummy bugs, chest infections, conjunctivitis; viruses such as colds, warts, chickenpox, measles and Covid19; fungi such as athlete's foot, ringworm and verruca's and, finally, parasites such as head lice and thread worm.</i>

For further information, a copy of our RSE policy is available to view on our website along with the lesson plans (RSE Scheme of Work). If you have any further questions, please speak to your child's class teacher. Thank you for your continued support.

Yours sincerely,
Bury Primary School